

MENTORSHIP PROGRAM



PROGRAM DETAILS MENTOR

- Are active PSA members
- Come prepared for our meetings
- Maintain the confidentiality of our conversations
- Make every effort to meet regularly as scheduled, with a goal of meeting at least every other month
- Set realistic and challenging goals for our relationship
- Communicate respectfully and give each other honest feedback
- Agree in advance on how problems and concerns will be raised and addressed
- Respect each others' time and contributions
- Evaluate our relationship regularly and assess our progress
- Help you set realistic goals and develop strategies for achieving them
- Listen carefully, actively, and respectfully to you
- Help prioritize your goals
- Follow through on commitment that I make to you
- Help familiarize you with the “rules of the road” in anesthesia in general
- Provide objective and positive information on issues that affect your career
- Help you understand the stages of career development, and to develop the skills to navigate them
- Provide you with guidance and advice on developing your academic competencies, in research, and career management, in line with your goals and ambitions
- Help you establish physician networks: provide introductions and help you identify resources and opportunities that will help you achieve your goals

